



Ospedale
di Cremona

Sistema Socio Sanitario



Regione
Lombardia

ASST Cremona

OCCULT BLOOD IN THE FAECES

COLLECTION METHOD

REQUIRED MATERIALS:

A container with preservative solution (available free of charge at your chosen sample collection point). The unused container must be stored at room temperature.

SAMPLE COLLECTION:

- Unscrew and remove the green cap from the tube;
- Swipe the stick over the stool several times, horizontally and vertically;
- Insert the stick into the tube, screw it back on, and shake.

STORAGE:

The sample can be stored in the refrigerator for a maximum of 6 days.

RECOMMENDATIONS:

- Keep the container in a safe place, out of the reach of children.
- Do not perform the test during the menstrual cycle or in the event of any bleeding from haemorrhoids.
- If possible, stop taking vitamin C, aspirin, and other medications that can cause gastrointestinal irritation and bleeding for at least 1–2 days before sample collection.
- No dietary restrictions are necessary.

Deliver to your chosen collection point during opening hours.